Girl Scouts of the Jersey Shore
Regional Patch Activity to celebrate International Day of the Girl – 2020

“My voice, our equal future”

Complete the required number of activities for your level – taking photos along the way – and complete the form. Fun patches will be available in early November.

International Day of the Girl is celebrated each year on October 11th. It’s a day people everywhere can come together to celebrate the power of a girl and to highlight, discuss and take action to advance the rights of and opportunities for girls everywhere – exercising their G.I.R.L. (Go-Getter, Innovator, Risk taker and Leader) qualities. Girls can celebrate in the 11 Days of Action – doing activities each day from October 1st thru October 11th to celebrate International Day of the Girl to earn a free fun patch.

To earn this patch – follow the guideline below... (although it would be great if everyone participated for the 11 days)
- **Daisies** – complete 5 activities
- **Brownies** – complete 7 activities
- **Juniors** – complete 11 activities
- **C/S/A** – complete 15 activities

To appreciate the girls in your life....
- Create a word Cloud with a female friend’s name and all the positive things about her.
- Make a point to give positive feedback. Notice when someone does something nice and acknowledge it.
- Reach out to a female in your life (grandmother, aunt, neighbor, etc.) just to have a chat and let them know you were thinking of them.
- Get together with a female friend – virtually or social distanced to have lunch and catch up
- Create a socially distanced game you can play with a friend
- Watch a movie that talks about women empowerment
  - **Hidden Figures**
  - Watch a Disney Classic with new eyes
    - How Belle is loyal and courageous
    - How Merida saves her family and has a strong sense of self
    - How Ariel is independent and seeks out her own future
    - What else did you see?
- Create a piece of art for a female you love – just to let them know you care
Who has paved the way - Find out something about...

- **Amelia Earhart** – look into this pioneer for woman and create a paper airplane imagining you crossing the ocean in your small plane.
- **Marie Curie** – pioneer in radioactive research – do you have anything in your home that runs on electromagnetic radiation? Imagine not having that item – how often is it used?
- **Alice Guy-Blache** – look into this film pioneer and create your own short documentary of someone you think of as woman pioneer.
- **Wangari Maathai** – Won the Nobel Peace Prize & founder of the Green Belt Movement – plant a tree in her honor
- **Charlotte Cooper Sterry** – Olympic winner at 1900 Summer Olympics. Hit the tennis court and give this sport a try. If you can’t get to the tennis courts – give table tennis a try.
- **Valentina Tereshkova** – first female astronaut – check out the camping section of sporting goods stores for freeze dried meals and desserts like they could eat in space.
- **Elizabeth Blackwell** – First female to obtain a medical degree – create a new 20 second handwashing song.
- **Malala Yousafzai** – Advocate for female education. Commit to doing your best this school year.
- **Juliette Gordon Low** – look for a Juliette Low Mad Lib.
- **Katherine Johnson** – Instrumental in the space program. Create and launch a rocket.
- Tell us about someone you feel is a female pioneer – check out https://www.amightygirl.com/

Thinking Globally...

- Think about our opportunities in the United States. Are there countries where girls do not have the same opportunities? Create a poster that represents your thoughts on “my voice, our equal future”.
- Find where you can make a difference globally – locally. There are women in the world without access to feminine hygiene supplies – donate to your local food bank or shelter.
- Create a short video to share with your Girl Scout sisters about girl issues in 3rd world countries.

Celebrating the girl in you...

- Learn a new skill for a career that interests you.
- Watch a few television commercials – do you see any gender bias?
- Is there a girl in your community that is a role model? Kind, active, engaged? Can you be that girl? Where can you make a difference in your community? How can you make a difference?
- Channel your inner superpower. What power do you have? Create a super-hero based on your superpower.

Advancing opportunities for girls...

- Get involved in your community – be part of the change – by participating in activities it lets the community see girls and woman making change
  - Is there a program at your local library where they are looking for girl volunteers?
  - Can you donate at the local food bank?
  - Do you participate in community service?
- Try something new. Step outside of your comfort zone. (Feel free to try another activity)
  - Have you tried hiking? There are many places locally with great hiking trails.
  - Interested in cooking? Find a recipe of something you like to eat and try to recreate it at home.
  - Do you like sports? Research the sport to learn more about it – try to attend a game.

Make sure to follow all current safety guidelines for all activities. Post photos as you go to the Girl Scouts of the Jersey Shore regional Facebook pages. The patch shown is available to the first 150 girls and you must submit your activity completion by 10/23/20. The first 150 to submit will receive this patch. Those who are number 150+ in submitting may receive a different patch. To request your free patch....

[https://jerseyshoregirlscouts.wufoo.com/forms/m1wm3wn916fyk6q/](https://jerseyshoregirlscouts.wufoo.com/forms/m1wm3wn916fyk6q/)