

Girl Scouts of the Jersey Shore
Virtual Badge Breaks | Women Rock!
Junior Playing the Past Badge

Step One: Find a photo of a female that you admire and find out as much as you can about that person. (You did this in the **Virtual Badge Break**) If you choose, you can research a famous woman from history and find out about her instead. This site with paper dolls and coloring printables are a good starting point:

<https://coolmompicks.com/blog/2017/03/16/famous-women-coloring-pages-womens-history-month/>

Ask questions like:

- What were her special skills, hobbies, and favorite things?
- What kind of career or life choices did she have?
- What options were not allowed for her?
- How was she expected to behave at the dinner table, a party, and around men and boys?
- Did she always follow the rules?
- What types of clothes did she wear when she was the same age as you are now?
- What type of games, music, and hobbies did she enjoy?

Once you have all this information, write a diary about what a day in her life would have been like.

Step Two: Create a Costume.

Wear an outfit that would have been fashionable when your person was your age. You can either gather items from around the house or create the costume out of poster board. In a pinch, you can also draw and label your outfit on a piece of paper.

Step Three: Experience Daily Life.

Research a recipe and make a typical dish that your person would have enjoyed with her family. (You did this in the **Virtual Badge Break**)

Step Four: Make Music.

Find out what type of music was popular when your person was a child. Go online and listen to some songs. For more fun, share a video of yourself dancing to these classic tunes using hashtag **#GSJSChallenge** or via the photo submission page on our website for other Girl Scouts to follow along. [GSfun.org/photoshare]

Step Five: Become your character.

Put on a living-history presentation by wearing or explaining your costume and acting out a scene as if you were your person. Share a video with your friends using the hashtag **#GSJSChallenge**.

For more fun, go on a digital field trip to a women's history museum! Here is a link to sign up:

<https://www.womenshistory.org/events/electronic-field-trips>