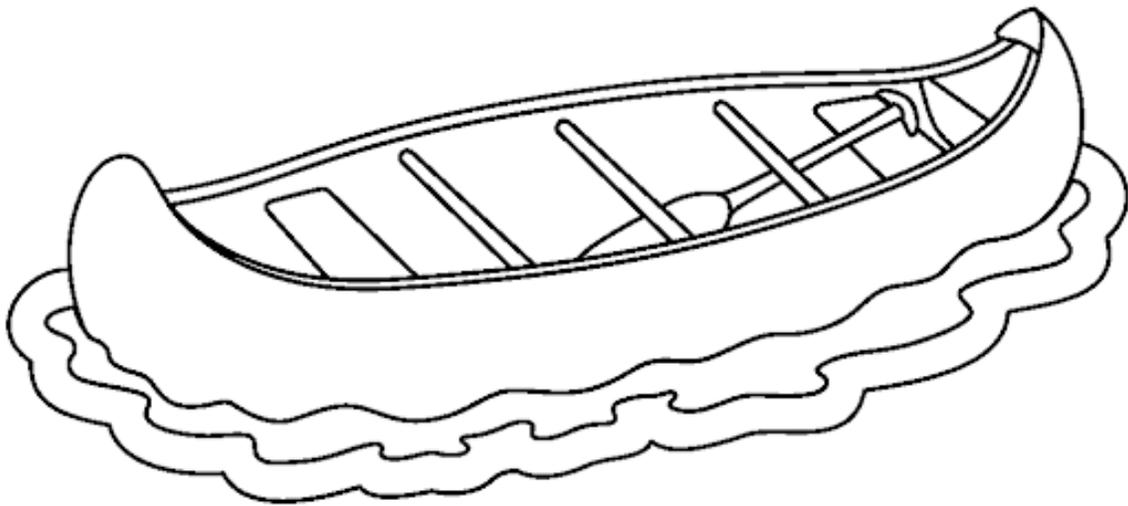


## Outdoor Takeover: At the Amity Acres Lake

### Parts of a Canoe

Label the seat, thwarts and gunwales. Which end do you think is the front of the boat?

Our canoe is silver. Finish off the picture you labeled by making it your favorite color.



## Square Knot

You can practice at home with a spare piece of rope. It's easier to follow along if you use a marker to color one end of your rope, like we did with the black end.

To tie the knot, say to yourself:

*“Right over left, through  
Left over right, through”*

Then you pull all 4 ends evenly.

If it doesn't, you've created a different kind of knot, called a Granny Knot. Untie it and try again until it slides like our knot in the video!

It should look like this:



## Sand Candles

Items Needed:

- ★ An Adult
- ★ Damp Sand, enough to dig a hole into
- ★ Wax, either paraffin or from old candles
- ★ A Wick – you can reuse a wick from a candle you melted to get your wax
- ★ A Pot
- ★ A large metal can to melt the wax in
- ★ Tongs
- ★ Twigs or dowels

Steps:

1. To make your double boiler place your metal can with your wax chunks in it into the pot of boiling water. Wait until it melts. To color white wax, add in a couple of peeled crayons.
2. Dig a hole in the sand the shape you want your candle to be.
3. Poke your wick into the bottom of your sand hole, cover the very end with sand. Prop the wick with twigs across the hole up so that it stands straight up.
4. When the wax has melted, have an adult carefully pour it into the hole.
5. Wait for the wax to cool completely (about 30 minutes). Pick up your new candle from the sand, rinse it off, and place in a safe place.
6. Light it to enjoy!