

girl scouts
of the jersey shore



Juliette

GUIDEBOOK

ABOUT THE **JULIETTE PROGRAM**

The Juliette program is Girl Scouting as girl-led as it can be! It's a great way to mix and match your unique interests with Girl Scout participation – earning badges, participating in special events, leadership projects, and travel opportunities that improve your skills and meet your interests and needs.

Girl Scout Juliettes are busy, independent, self-confident girls and young women who want to be a part of something larger – Girl Scouts! Becoming a Juliette will allow you to continue your Girl Scout experience on an individual basis when you become too busy with extracurricular activities, sports or employment, there aren't available troops in your area, or your troop no longer meets.

The Juliette program is available to all girls in Kindergarten through 12th grade. It is especially popular for girls ages 11-17 who love

the Girl Scout program but are very busy with other activities.

As a Girl Scout Juliette, you can participate in everything that is open to your grade level. You can attend council, regional, and community sponsored programs such as events, camp experiences, and travel opportunities.

As a Juliette, you will work on Girl Scout programming with your caregiver. You will decide what activities to participate in and which earned recognitions you wish to complete. Girl Scout Juliettes can earn the Journey awards, badges as well as the Girl Scout Bronze, Silver, and Gold Awards.

Becoming a Girl Scout Juliette can help you continue your own personal leadership adventure!



ABOUT Girl Scouts

We're Girl Scouts and we believe in the power of every girl. Founded in 1912, Girl Scouts of the USA is the preeminent leadership development organization for girls. Girl Scouts is 2.8 million strong – 2.8 million girls and adults who believe girls can change the world. It began over 110 years ago with one woman, Juliette Gordon “Daisy” Low, who believed in the power of every girl. Today, Girl Scouts continue her vision of building girls of courage, confidence, and character who make the world a better place by helping them discover their inner strengths, passions, and talents. With programs and events across our Council and beyond, there's a chance for every girl to do something amazing.

3 Keys to Leadership

We are a girl-led, all girl organization focused on three core “keys” to leadership: Discover, Connect, Take Action. Through these three keys, you will:

- Discover your special skills and talents, find the confidence to set challenging goals for yourself, and strive to live by your values. This includes being proud of where you came from as well as where you're going.
- Connect with others, which means you'll learn how to team up, solve conflicts, and have healthy relationships. These skills help you in school right now and will prepare you for any career you choose in the future.
- Take Action to make the world a better place, and learn a lot about your community and the world along the way.

Our goal is to create an atmosphere in which every girl has the opportunity to achieve her leadership potential. Our distinguished alumnae are proof of leadership development program! Consider this...

- 80% of women business owners were Girl Scouts.
- 69% of female U.S. Senators and 67% of U.S. Representatives were Girl Scouts.
- Virtually every female astronaut who has flown in outer space was a Girl Scout.

Girl Scouts Mission

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

The Girl Scout Promise

On my honor, I will try:
To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

The Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.



WHAT PROGRAM LEVEL IS FOR ME?

To ensure the best experience for each Girl Scout, programming is divided by grade level. The Juliette program is available to all girls in Kindergarten through 12th grade.

d	Girl Scout Daisy	Grades K-1
b	Girl Scout Brownie	Grades 2-3
j	Girl Scout Junior	Grades 4-5
c	Girl Scout Cadette	Grades 6-8
s	Girl Scout Senior	Grades 9-10
a	Girl Scout Ambassador	Grades 11-12

Girl Scout Daisies sparkle with that “first time ever” newness in everything they do. They go on outings, learn about nature and science, and explore the arts and their communities – and so much more. Girl Scout Daisies can also earn badges, petals and receive participation patches.

Girl Scout Brownies work together, earn badges, and explore their community. Friendship, fun, and age-appropriate activities begin at the Girl Scout Brownie meeting and move out to the community and wider world. While earning badges, they build skills, learn hobbies, and have fun!

Girl Scout Juniors are big-idea thinkers. They’re civic minded in their community, budding problem solvers and curious about the world around them. The Bronze Award is the highest award this Girl Scout can earn. Every day, they wake up ready to play a new role.

Girl Scout Cadettes chart their own course and let their curiosity and imagination lead the way. They learn about the power of being a good friend, gain confidence mentoring younger girls and can earn the Silver Award – the highest award this Girl Scout can earn.

Girl Scout Seniors are ready to take the world by storm, and Girl Scouts gives them millions of ways to do it. Their experiences help to shape their world, while giving them a safe space to be themselves and explore their interests. Girl Scout Seniors can earn their Gold Award (which, by the way, adds something “extra” to college applications).

Girl Scout Ambassadors know that small acts create big change. While they get ready for life beyond high school, Girl Scouts helps them take flight. They also can earn the Gold Award (which, by the way, adds something “extra” to college applications) and is the highest award a Girl Scout can earn.



GIRL SCOUT LEADERSHIP EXPERIENCE (GSLE)

The National Leadership Journeys and Girl Scout badge programs are two combined components that make up the Girl Scout Leadership Experience. Combined with the Product Sales Program, travel experiences, and Girl Scout awards, the Girl Scout Leadership Experience is designed to help girls everywhere develop as leaders and build confidence by learning new skills. It also ensures that Girl Scouts at every level are sharing a powerful, national experience—girls together changing the world!

There are National Leadership Journeys for every grade level:

- It's Your World – Change it!
- It's Your Planet – Love It!
- It's Your Story Tell It!
- Outdoor
- Think Like an Engineer
- Think Like a Programmer
- Think Like a Citizen Scientist

You can explore any of the age-appropriate Journeys in any order that you choose. The Summit Award is earned by girls who have completed three National Leadership Journeys.

Girls are encouraged to complete at least one journey per level to enhance her leadership skills. Information on the journeys can be found on the Volunteer Tool Kit.

Journeys are ways for you to:

- Develop leadership
- Explore your interests
- Try new things
- Meet people
- Make your world a better place

In addition to the Journeys, which help to develop leadership, there are also badges, which help build skills. Each level has a Girl Scout Handbook, with information on bridging and our highest awards, Girl Scout history, traditions, and much more!

Badge descriptions and requirements can be found in the Volunteer Tool Kit and badge booklets that may be purchased in the GSJS shops.

Use the Award and Badge Explorer on the GS USA website to see all of the badges and Journeys for each age level - <https://www.girlscouts.org/en/members/for-girl-scouts/badges-journeys-awards/badge-explorer.html>.

MEMBERSHIP *dues*

Girl Scouts of the USA (GSUSA), our national organization, requires a \$45 nonrefundable annual fee to register as a girl or adult member. This payment goes directly to GSUSA headquarters in New York to provide program development and Council support services. Registered members are covered by GSUSA's accident insurance when participating in Girl Scout activities. Parents, guardians, and other adults are also invited to become members of the Girl Scout movement. GSJS has a council service fee of \$15 to support GSJS council for a total girl membership of \$60.



FINANCIAL *assistance*

Financial Assistance is available to girls to supplement the cost of membership dues. You can choose this option on the pay screen when registering. There is a small amount that can be requested for council activities as well – a form will be emailed to you when you chose Financial Aid.

product *programs*

GIRL SCOUTS OF THE JERSEY SHORE offers two annual product sale programs: our Fall Product Sale and our Cookie Sale. Girl Scout Juliettes are encouraged to participate in both programs to earn program credits to help fund their activities .

Program credits earned during these programs are held by council. Reach out to the Member Engagement Manager for more information and for use of the program credits. Program credits can be used to attend programs, travel, attend camp, for higher awards, membership, and in our shop.

Product programs support activities, and they help to support the overall operation of each local Girl Scout Council. Properties, equipment, adult training, program activities, insurance, and administrative support to volunteers are all important parts of the Girl Scout program and are funded in part by the product programs.

Girl Scout Juliettes have two options for participating in our product sale programs. You can participate online or online and in person, including a booth sale for the cookie sale.

Before participating in our product sales program, all Girl Scouts must submit the current year's signed Permission and Responsibility Form to the Community Product Sale Coordinator. For additional details please contact the Director of Product Programs at council.

SHOP

The Council Shops offer the latest casual wear, uniform components, accessories, memorabilia, and books for girls and adults. The Journey books and badges can be found in our shops, too. Visit one of our two shops to find the right gift or to purchase a gift certificate.

UNIFORMS & INSIGNIA

The Girl Scout uniform is encouraged although a girl doesn't need to have a uniform to be a member of the Girl Scouts of the Jersey Shore. Uniforms are available for purchase at our Council Shops or at GSUSA approved equipment agencies. You can find information explaining the uniform and where to place insignia in when you purchase the uniform..



The Girl Scout Product Programs teach girls about goal setting, decision making, money management, people skills and business ethics.



Product Program Guidelines:

We welcome and encourage Juliettes to participate in the Council's annual Fall Product Sales and Cookie Sale programs. The Juliette must be a registered Girl Scout for the current membership year. (and must be registered for the upcoming year for the fall sale)

The Girl Scout Juliette's caregiver will receive a participation email prior to the sale beginning for each sale. There will also be an online caregiver training in advance of each sale.

How it works:

- Please take the Juliette Caregivers training before each sale to find out about updates, and the latest technologies for the sale.
- At the end of each sale the Juliette will give her order card and online orders to the registered adult managing the sale.
- The girl's order will be processed and the adult managing the sale will pick up and distribute her order to the girl/caregiver. The girl will have a deposit slip for each sale to make her product sales deposit.
- Girls will earn recognitions and patches that will be available soon after the sale
- If the Juliette wishes to have a booth sale for the cookie program, first you must secure the location. Next, reach out to the Product Sales department at council for assistance in scheduling the booth sale. The caregiver will order and sign for cookies to be picked up at the Cookie Cupboard. A registered and background checked adult must be present at the booth sale
- Product Sales Program Credits stay within council treasury. When the Juliette chooses an activity, she or the caregiver will reach out to the Member Engagement Manager for assistance.
- The funds should be used during the program year but with permission, the Juliette, with council approval, can save for a long term goal such as travel or a higher award.



COUNCIL SPONSORED

programs & activities

Today, Girl Scouts offer a wide range of programming — everything from STEM (Science, Technology, Engineering and Math) to life skills activities to exploring the outdoors. Girl Scouts is committed to pursuing its mission through its programming, offering an astounding array of innovative, fun, and memorable activities.

Local and Council-sponsored activities are designed to enhance the Girl Scout experience and are developed for specific grade levels. We offer so many ways for you to explore your current interests, and help you discover more! Visit our online activity calendar for details about all the engaging programs and events available to you this year.

OPPORTUNITIES FOR GIRL SCOUTS:

Life Skills
Science + Technology
Sports + Health + Fitness
Camp
Culture + the Arts
Outdoors + Road Trips
Leadership Opportunities
Awards and Recognitions

Girl Scouting's Highest AWARDS



The Golden Eagle of Merit, the highest award in Girl Scouting from 1916 to 1919, marked the beginning of a long tradition of using prestigious awards to recognize girls who make a difference in their communities and in their own lives. In 1980, Girl Scouts introduced the Girl Scout Gold Award, its highest honor earned by Girl Scout Seniors and Ambassadors, along with the Girl Scout Silver Award earned by Girl Scout Cadettes, and the Girl Scout Bronze Award earned by Girl Scout Juniors. Today these three awards are the highest of the Girl Scout experience.

The Bronze Award recognizes that a Girl Scout Junior has gained the leadership and planning skills required to follow through with a project that makes a positive difference in her community. Girls earn the Bronze Award by completing a Junior Journey, and then creating a Take Action project based on their observations of a local issue. As the girls pursue their project, they put the Girl Scout Promise and Law into action. They also develop an understanding of sustainability and gain an understanding of the wider world by discussing how others may experience the same problem that their project helped resolve. After a Girl Scout completes a Junior Journey, the suggested minimum time commitment is 20 hours for each girl to build their team, explore their community, choose and plan their project, put their plan in motion, and spread the word to educate and inspire others.

The Silver Award symbolizes a Girl Scout Cadette's accomplishments in Girl Scouting and community activities as she matures and works to better her life and the lives of others. To earn this award, a Girl Scout

needs to complete a Cadette Journey and create a Take Action project that improves their neighborhood or local community. After girls complete the Cadette Journey, the suggested minimum time for earning their Girl Scout Silver Award is 50 hours. Girls earn the award by focusing on an issue they care about; building a team; exploring their community; picking, planning, and putting their Take Action project into action; demonstrating an understanding of sustainability and the wider world; and sharing what they have learned with others.

The Gold Award, the highest award in Girl Scouts, focuses on Senior and Ambassador's interests and personal journey through leadership skills and service. Fulfilling the requirements for the Girl Scout Gold Award starts with completing two Senior or Ambassador Journeys, or having earned the Silver Award and completing one Senior or Ambassador Journey. Each Journey you complete gives you the skills you need to plan and implement your Take Action project. After you have fulfilled the Journeys requirement, 80 hours is the suggested minimum to take the steps necessary to achieve your goal.

This prestigious award is definitely a plus when applying to colleges and financial scholarships. A Girl Scout who has earned her Gold Award automatically rises one rank in any of the U.S. military branches.

The Council holds workshops for all of these awards. It is required for the Silver and Gold level. You may visit our website for more information and to view current workshops.

Get Out & Camp

- **Camp Amity Acres**

Amity Acres Day Camp is located in Waretown, NJ and encompasses approximately 57.6 acres of woodland in the Pinelands of Ocean County. It encompasses pine and cedar trees, mountain laurel, and a beautiful lake for swimming and boating activities. Camp Amity has Friendship Lodge, as well as platform tents and yurts.

- **Camp Sacajawea**

Camp Sacajawea is located in Farmingdale, NJ and sits on 143 acres of beautiful grounds. In addition to many nature activities and home to many woodland creatures, it offers various campsites, trails, fields, pool, and a lake. Camp Sacajawea has Lakeside lodge as well as platform tents and yurts.

Learn more about our outdoor programs in our activities calendar and our Summer Camp Guide. Each camp offers archery, climbing wall, zipline, flying squirrel, mid high ropes, challenge courses, swimming, and gaga pits.

CAREGIVER INFORMATION

As a Girl Scout, your girl will:

- Experience a sense of belonging by being a member of the world's largest organization for girls.
- Have fun with a purpose.
- Prepare for her future through career explorations, community service, and skill building.
- Develop leadership skills and self-awareness while building confidence and self-esteem.
- Participate in educationally sound and challenging projects.
- Voice what's important to her.
- Gain an understanding and appreciation of many people and cultures.
- Strengthen her understanding of herself and the world around her through the Girl Scout Promise and Law.

DISCOVER

+ CONNECT

+ TAKE ACTION =



Leadership



YOUR ROLE

Join your girl and share in the fun of the Girl Scout Leadership Experience! Your involvement will help shape your Girl Scout Juliette's experience. She'll see your commitment to her growth and before you know it, you'll be growing, too.

- As a caregiver, you:
- Purchase the yearly girl membership (and become a member yourself if you plan to participate in booth sales).
- Sign parent/guardian permission slips for events, and make sure any necessary forms (health history, etc.) are turned in.
- See that your daughter arrives and is picked up on time for Girl Scout activities and check to see if your attendance is required to supervise.
- Support your daughter's commitment to the Girl Scout Juliette program.
- Help your daughter participate in Girl Scout Product Programs by following safety guidelines and helping her check over her orders.

MY JULIETTE JOURNAL

This journal belongs to: _____

My Girl Scout Member Engagement Manager name and number:

Ideas and Interests I want to explore as a Juliette:

- 1 _____
- 2 _____
- 3 _____

What I hope to discover as a Juliette:

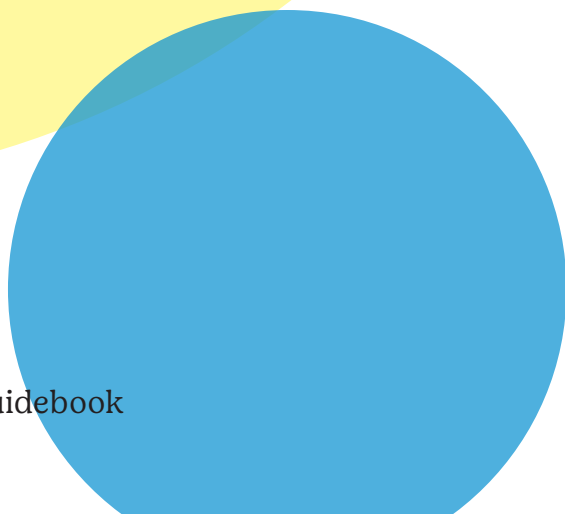
- 1 _____
- 2 _____
- 3 _____

Ways I want to connect with my community:

- 1 _____
- 2 _____
- 3 _____

How I hope to make the world a better place:

- 1 _____
- 2 _____
- 3 _____





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www.gsFun.org

COUNCIL SERVICE CENTERS AND SHOPS Shop hours vary by location.

Monmouth Service Center
242 Adelphia Rd,
Farmingdale, NJ 07727
732-938-5454

Ocean Service Center
1405 Old Freehold Rd,
Toms River, NJ 08753
732-938-5454