

# Ambassador Programs On Demand

## Ambassador Dinner Party

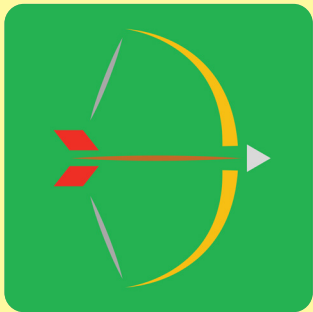


Most of us want to throw a dinner party at some time, but do you have the skills to successfully pull it together? Seniors and Ambassadors are invited to try on the role of chef and party planner as they learn how to throw a fabulous dinner party. Girls will learn how to create a menu, make a budget and shopping list, practice timing courses, explore imaginative ways to present food, and host a party at the end! When girls have earned this badge, they will have learned how to prepare and serve a marvelous three-course meal. Schedule this program on demand in your local town or at either council service center! Must have 12 girls to reserve this program.

**Cost:** \$25

**Facilitator:** Devin Carrick

## Archery II - Compound Bows



You have tried shooting recurves and now you wonder what it's like to shoot a compound bow. Come learn first-hand the difference between compound and recurve bows as you learn how to shoot our Genesis Compound Bows.

**Location:** Camp Sacajawea / Camp Amity / Program Activity Center - Farmingdale

**Cost:** \$15

**Facilitator:** Jen Holmes

**Recognition:** Patch

# Ambassador Programs On Demand

## Axe Throwing



Our brand-new Axe Throwing Range is now open! Girls will learn range rules, safety, throwing techniques and then put it all together and practice Axe throwing. Recognition Fun Patch

**Location:** Camp Sacajawea

**Cost:** \$15

**Facilitator:** Jen Holmes

**Recognition:** Patch

## C/S/A (Becoming Me)



Cadettes, Seniors, and Ambassadors are invited to participate in this Program on Demand opportunity. This program, inspired by former First Lady of the United States Michelle Obama's book *Becoming: Adapted for Young Readers*, will be brought directly to your town. As a participant in this unique experience, girls will explore the truth of their own story and the power of their voice while hanging out with friends! Girls will receive the exclusive patch and have an opportunity to receive a copy of the book. Must be 12 girls registered to reserve this program.

**Cost:** \$20

**Facilitator:** Devin Carrick

# Ambassador Programs On Demand

## Campfire Cooking



Nothing tastes better than a meal you've prepared and cooked over an open fire with friends! Review how to build and maintain a proper cooking fire before working together to make individual foil packet meals and a tasty dessert treat.

**Location:** Camp Sacajawea / Camp Amity

**Cost:** \$20

**Facilitator:** Stephanie Smida

## Campfire Cuisine



Who says you can't have a culinary experience in a campsite? Work together to create a full meal over and around the campfire from start to finish. An appetizer, entrée, and dessert will be made using various campfire cooking techniques to make a full meal to share, family-style.

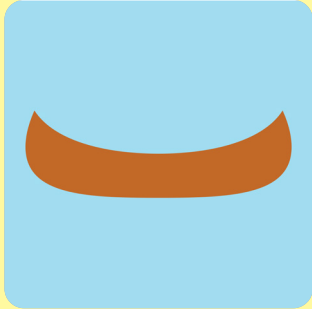
**Location:** Camp Sacajawea / Camp Amity

**Cost:** \$20

**Facilitator:** Stephanie Smida

# Ambassador Programs On Demand

## Canoe I



Head out onto the lake and learn how to paddle, the parts of a canoe, and how to work as a team. (2 hours- not available November-April)

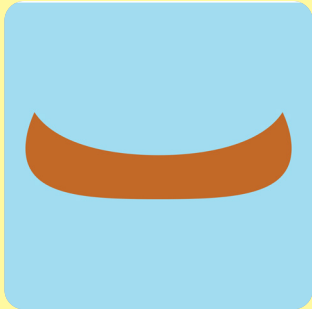
**Location:** Camp Sacajawea / Camp Amity

**Cost:** \$14

**Facilitator:** Stephanie Smida

**Recognition:** Patch

## Canoe II



Continue your canoeing skills as you learn to do rescues and how to switch seats while on the lake. Girls go into the lake in this program. (2 hours- not available November- April)

**Location:** Camp Sacajawea / Camp Amity

**Cost:** \$14

**Facilitator:** Stephanie Smida

**Recognition:** Patch

# Ambassador Programs On Demand

## Challenge Course I



Head out to our low-ropes course to work with your team and complete different tasks. Every time you come is a different experience.

**Location:** Camp Sacajawea / Camp Amity

**Cost:** \$13

**Facilitator:** Jen Holmes

**Recognition:** Patch

## Challenge Course II w/ Zip



After completing Challenge Course I, come back and do some level two low ropes elements before heading out to our zipline.

**Location:** Camp Sacajawea / Camp Amity

**Cost:** \$16

**Facilitator:** Jen Holmes

**Recognition:** Patch

# Ambassador Programs On Demand

## Challenge Course III With Mid High



Clip yourself in as you navigate 6 different challenges that include elements like a monkey bridge, tightrope and wood swings, while 6 feet off the ground!

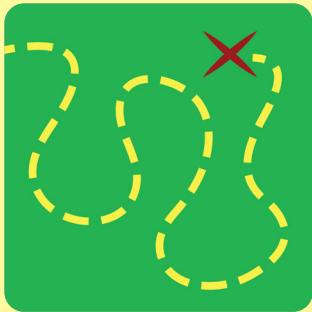
**Location:** Camp Sacajawea / Camp Amity

**Cost:** \$16

**Facilitator:** Jen Holmes

**Recognition:** Patch

## Compass and Map Reading 101



In today's world we use technology to find our way, but what happens when technology fails? In this program learn how to read a map and use a compass so you can always find your way. Prerequisite for Oregon Trail

**Location:** Camp Sacajawea / Camp Amity

**Cost:** \$14

**Facilitator:** Jen Holmes

**Recognition:** Patch

# Ambassador Programs On Demand

## Compost Lab



Come to Camp Sacajawea and visit our new Compost Lab! We will be learning all about what compost is, how to create our own, where to use it, and tips and tricks for you to try your own at home!

**Location:** Camp Sacajawea

**Cost:** \$10

**Facilitator:** Steph Smida

## College Knowledge



Your Girl Scout may be feeling both excited about and overwhelmed by the college admissions process. The College Knowledge badge tackles applying to college one step at a time, so your girl can start her next chapter with confidence. Divided into five easy steps, this badge walks girls through their options, the admissions process, financial planning, and study and health habits so they can succeed after they get in! Schedule this Program on Demand in your local town! Must have 12 girls to reserve this program.

**Cost:** \$20

**Facilitator:** Devin Carrick

# Ambassador Programs On Demand

## CPR/First Aid (S/A)



Seniors and Ambassador Girl Scouts are invited to receive American Red Cross First Aid and CPR Training. Girls will need to complete an online portion of the training before attending the in-person training. Instructions will be sent upon registration. Through this training girls will gain the knowledge, confidence, and understanding of the steps for performing First Aid and CPR correctly on teens, adults, children, and babies, and deliver care in a wide range of scenarios. Girls will receive the First Aid badge and will become certified by the American Red Cross.

**Cost:** \$25

**Facilitator:** Devin Carrick

## Discover Girl Scouting Trunk



Troops of all levels can reserve this trunk created from the GSJS Archive Room, filled with historical materials such as song books and handbooks, uniforms, a trivia game, and a guide for all the inventory. Not only can girls look through the history of Girl Scouting, but they can also touch, feel, and try on many of these materials! Troops can reserve the trunk for up to three weeks. A special archive room patch is included!

**Cost:** \$4

**Facilitator:** Devin Carrick

## Flying Squirrel



Experience a rush of adrenaline as you fly through the sky, securely held in by our rope and harness system. The whole team works together for a thrill of a lifetime!

**Location:** Camp Sacajawea / Camp Amity

**Cost:** \$16

**Facilitator:** Jen Holmes

**Recognition:** Patch



# Ambassador Programs On Demand

## Glass Blowing (S/A)



Senior and Ambassador Girl Scouts are invited to join Girl Scouts of the Jersey Shore at Hot Sand in Asbury Park for a unique Glassblowing Experience. Girls will interact hands-on with this ancient art form while earning their Glassblowing patch. Girls have the option to pick between 3 unique objects with a choice of Hot Sand Color Mix. Girls will take a brief tour through the Hot Sand Gallery, which has exciting, unique gifts with featured work made by in-house glassblowers, as well as emerging glass artists located in and out of state. Girls will meet with and hear from a female professional. \*Items will need to be picked up from council a week later\* \*\*Chaperone required per Juliette or Troop\*\*\*

**Location:** Hot Sands, Asbury Park (550 Cookman Ave, Asbury Park, NJ 07712)

**Cost:** \$60

**Facilitator:** Devin Carrick

## Gold Award Workshop



The Gold Award is the highest award a Girl Scout can earn and one of the most prestigious awards in the world. This workshop is mandatory for Senior and Ambassador Girl Scouts looking to earn the Gold Award. Adults and advisors who wish to support their Gold Award candidate are highly encouraged to attend, but don't have to register. This workshop will provide guidance on the Gold Award process, GSUSA criteria of the award, and the GoGold platform.

**Cost:** \$5

**Facilitator:** Devin Carrick

# Ambassador Programs On Demand

## Hand-Poured Sand Candles



Come to camp to learn and create a hand-poured sand candle of your own design to take home and enjoy. Be sure to dress for the weather and get ready to use the sand that is organically found in camp and learn a new skill that can be practiced at home on your own!

**Location:** Camp Sacajawea / Camp Amity

**Cost:** \$20

**Facilitator:** Steph Smida

## Knife Skills and Whittling 101



Learn proper handling of a knife and practice this important life-skill through simple whittling techniques. Discover different ways to create both art and practical pieces using the knowledge gained in this program.

**Cost:** \$15

**Facilitator:** Jen Holmes

**Recognition:** Patch

# Ambassador Programs On Demand

## Knot Tying & Lashing - CSA



Learn how to tie knots and what they are commonly used for. We will review how to tie a square knot, clove hitch, and half hitch. You will learn new knots like Sheet Bend, Timber Hitch, and Figure 8 knot. Then learn how lashing is used to build different things and practice square lashings, tripod lashing, diagonal lashing. Girls will put their new skills to the test and build something to take home. Each girl will receive a practice rope to take home with them. Recognition: Patch  
Prerequisite for Oregon Trail

**Cost:** \$14

**Facilitator:** Jen Holmes

**Recognition:** Patch

## Mental Health in the Outdoors



Stress and being tethered to technology can have an adverse effect on our minds and bodies. There is no better place to unwind and reconnect with our natural selves than the outdoors! Join us for a day of learning and practicing mindful meditation, healthy stretching, connecting our senses to the environment around us, and discovering how to confidently calm our minds using what nature provides us organically. Participants should wear comfortable clothing they can stretch freely in, bring a personal mat or towel, and a refillable water bottle.

**Location:** Camp Sacajawea / Camp Amity

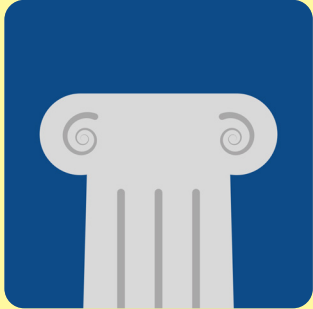
**Cost:** \$20

**Facilitator:** Stephanie Smida

**Recognition:** Patch

# Ambassador Programs On Demand

## Public Policy

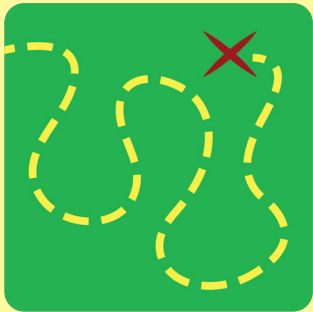


As we are getting ready for an election year, are your girls prepared with the knowledge and skills needed on how to speak up and act on issues that are crucial in their world? Ambassadors are invited to find out how activists advocate for change, engage as a global citizen, dig into national or state public policy, explore local or community policy, and see public policy creation in action. When they have earned this badge, they will know about public policies and how they can advocate for issues and legislation that matter to them. Schedule this program on demand in your local town! Must have 12 girls to reserve this program.

**Cost:** \$17

**Facilitator:** Devin Carrick

## Senior/Ambassador (GIRLtopia)



Reach out to council to book a Journey in a Day, “Program on Demand.” Bring the program to your town! Council will run the GIRLtopia Journey in a Day in your local area. Must be at least 20 girls to book this program. This program is for Senior and Ambassador Girl Scouts\*Prerequisite for Gold Award\*

**Cost:** \$35

**Facilitator:** Devin Carrick

**Recognition:** Patch

# Ambassador Programs On Demand

## Think Like An Engineer Journey



Girls are invited to explore the fun world of STEAM with this engineer journey. Through this program, girls will learn more about opportunities available to them through STEAM by becoming an engineer. Do your girls like to solve problems? Work hands on to build things? Girls will learn from experts and practice being an engineer for the day with this program on demand! \*pre-requisite for Silver and Gold Award\*

**Cost:** \$45

**Facilitator:** Devin Carrick

## Think Outside the Box Teambuilding



This teambuilding program is designed for older girls who are looking for a challenge. Girls will have to put their imaginations, creative thinking and communication skills to the test as they work together to complete different teambuilding challenges. They will learn how to work with each other and brainstorm different ideas developing a working relationship all while having fun. Fun Patch included.

**Cost:** \$15

**Facilitator:** Jen Holmes

**Recognition:** Patch