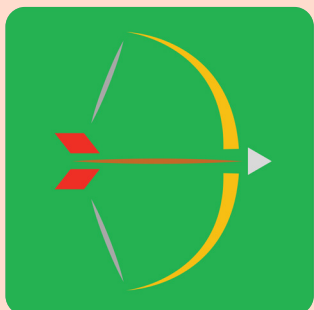


Senior Programs On Demand

Archery II - Compound Bows



You have tried shooting recurves and now you wonder what it's like to shoot a compound bow. Come learn first-hand the difference between compound and recurve bows as you learn how to shoot our Genesis Compound Bows. Available year round.

Location: Camp Sacajawea / Camp Amity / Program Activity Center - Farmingdale

Cost: \$15

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Axe Throwing



Our brand-new Axe Throwing Range is now open! Girls will learn range rules, safety, throwing techniques and then put it all together and practice Axe throwing. Not available November-April.

Location: Camp Sacajawea

Cost: \$15

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Senior Programs On Demand

Campfire Cooking



Nothing tastes better than a meal you've prepared and cooked over an open fire with friends! Review how to build and maintain a proper cooking fire before working together to make individual foil packet meals and a tasty dessert treat. Not available November-April. Food is included.

Location: Camp Sacajawea / Camp Amity

Cost: \$20

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Campfire Cuisine



Who says you can't have a culinary experience in a campsite? Work together to create a full meal over and around the campfire from start to finish. An appetizer, entrée, and dessert will be made using various campfire cooking techniques to make a full meal to share, family-style. Not available November-April. Campfire Cooking is a pre-requisite.

Location: Camp Sacajawea / Camp Amity

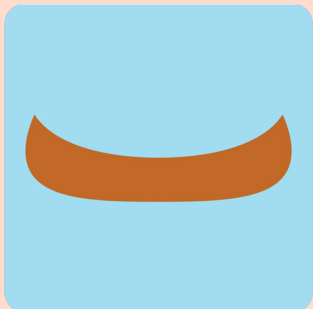
Cost: \$25

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Senior Programs On Demand

Canoe I



Head out onto the lake and learn how to paddle, the parts of a canoe, and how to work as a team. (2 hours - not available November-April).

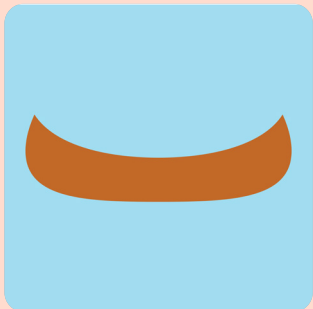
Location: Camp Sacajawea / Camp Amity

Cost: \$14

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Canoe II



Continue your canoeing skills as you learn to do rescues and how to switch seats while on the lake. Girls go into the lake in this program. (2 hours - not available November-April).

Location: Camp Sacajawea / Camp Amity

Cost: \$14

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Senior Programs On Demand

Challenge Course I



Head out to our low-ropes course to work with your team and complete different tasks. Every time you come is a different experience. Not available November-April.

Location: Camp Sacajawea / Camp Amity

Cost: \$13

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Challenge Course II w/ Zip



After completing Challenge Course I, come back and do some level two low ropes elements before heading out to our zipline. Not available November-April.

Location: Camp Sacajawea / Camp Amity

Cost: \$16

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Senior Programs On Demand

Challenge Course III With Mid High



Clip yourself in as you navigate 6 different challenges that include elements like a monkey bridge, tightrope and wood swings, while 6 feet off the ground! Not available November-April.

Location: Camp Sacajawea / Camp Amity

Cost: \$16

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Climbing Wall for Seniors



Can you scale the wall and ring the bell? Confront physical and mental challenges using your strength, endurance, power and flexibility. Not available November-April.

Location: Camp Sacajawea / Camp Amity

Cost: \$16

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Senior Programs On Demand

Compost Lab



Come to Camp Sacajawea and visit our new Compost Lab! We will be learning all about what compost is, how to create our own, where to use it, and tips and tricks for you to try your own at home!

Location: Camp Sacajawea

Cost: \$10

Facilitator: Brianna Nuzzo

Recognition: Patch

Firebuilding



Have you ever wanted to build your own campfire? After learning important fire safety, you'll collect the correct types of wood for the very best campfire. Make a mini-fire with a partner and craft your own custom campfire snack. Prerequisite for Oregon Trail. Not available November-April.

Location: Camp Sacajawea / Camp Amity

Cost: \$15

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Senior Programs On Demand

Flying Squirrel



Experience a rush of adrenaline as you fly through the sky, securely held in by our rope and harness system. The whole team works together for a thrill of a lifetime! Not available November-April.

Location: Camp Sacajawea / Camp Amity

Cost: \$16

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Gold Award Workshop



The Gold Award is the highest award a Girl Scout can earn and one of the most prestigious awards in the world. This workshop is mandatory for Senior and Ambassador Girl Scouts looking to earn the Gold Award. Adults and advisors who wish to support their Gold Award candidate are highly encouraged to attend, but don't have to register. This workshop will provide guidance on the Gold Award process, GSUSA criteria of the award, and the GoGold platform.

Cost: \$5

Facilitator: Addie Willuweit

Senior Programs On Demand

Knife Skills and Whittling 101



Learn proper handling of a knife and practice this important life-skill through simple whittling techniques. Discover different ways to create both art and practical pieces using the knowledge gained in this program.

Cost: \$15

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Knot Tying & Lashing - CSA



Learn how to tie knots and what they are commonly used for. We will review how to tie a square knot, clove hitch, and half hitch. You will learn new knots like Sheet Bend, Timber Hitch, and Figure 8 knot. Then learn how lashing is used to build different things and practice square lashings, tripod lashing, diagonal lashing. Girls will put their new skills to the test and build something to take home. Each girl will receive a practice rope to take home with them. Prerequisite for Oregon Trail

Cost: \$14

Facilitator: Steph Smida-Hachemi

Recognition: Patch

Think Outside the Box Teambuilding



This teambuilding program is designed for older girls who are looking for a challenge. Girls will have to put their imaginations, creative thinking and communication skills to the test as they work together to complete different teambuilding challenges. They will learn how to work with each other and brainstorm different ideas developing a working relationship all while having fun.

Cost: \$15

Facilitator: Steph Smida-Hachemi

Recognition: Patch